Sun 30th Registration 15:00-17:00	TBYC Cadet Week - Monday 31	st July 2023 – Friday 4th August	2023 - Group Programme (Subje	ect to change by individual gro	oup leaders)
Safety briefing 16:00 for key volunteers	Mon 31st (HW11.59, 5.37m)	Tues 1st (HW12.54, 5.59m)	Wed 2nd (HW13.34, 5.77m)	Thurs 3rd (HW14.31, 5.91m)	Fri 4th (HW15.17, 5.99m)
09:00	Main Briefing (Please arrive changed)	Breakfast available			
09:30	Group Briefings (Please arrive changed)	Group Briefings/Rig Boats (Please arrive changed)	Breakfast available	Breakfast available	
10:00	Rig Boats	Team Activities	Group Briefings/Rig Boats (Please arrive changed)		Breakfast available
10:30	Team Activities		Team Activities	Group Briefings/Rig Boats (Please arrive changed)	
11:00				Team Activities	Group Briefings/Rig Boats (Please arrive changed)
11:30					Team Activities
12:00	Lunch (Beach)	Lunch (Beach)			
12:30	Team Activities	Team Activities	Lunch (Beach)	Lunch (Beach)	Lunch (Beach)
13:00					
13:30					
14:00					
14:30					
15:00					
15:30					
16:00	Evening Meal				
16:30	(All groups)				
17:00	Adventure Island	Evening Meal			
17:30		(All groups)		Evening Meal	Evening Meal
18:00	Parents to transport	Activity Night including	Sharks only BBQ	(All groups)	(All groups)
18:30	and accompany cadets	pottery painting and inflatable fun (weather permitting)	Additional Sharks helper/adult tickets to be purchased from the bar		
Social Event	Bands valid for TONIGHT ONLY - if you are not able to attend return band to Lindsay Rainbow/bar by 5pm	Virtual sailing - Please download and access app prior to the start; ideally use data	Scott's epic rounders (Sharks only)	19.00 Sponsors Introduction Main Group Prizegiving	19.00-23.00 Disco including End of Week Trophy Prize Giving