CADET DEVELOPMENT PATHWAY



Groups for Training Experience Age **Objective** and Cadet week 5 You will learn the basics of sailing, parts of the Stage 1 **Stingray** boat and how to launch, recover, and steer. Novice You will continue to develop basic sailing skills. You will be able to tack, gybe and control boat Stage 2 Piranha speeds gaining the confidence to begin to race. You will be able to sail in any direction and rig and launch your boat. You will be able to sail a Barracuda Stage 3 dinghy around a triangular course in moderate conditions.

Shark

18

Expert!

You will develop your boat handling and speed, working on a smooth, fluent performance. You will learn the skills and techniques to race in a range of conditions.

Performance Sailing

CADET WEEK GROUPS



I AM A STINGRAY!

- I am age 5 12
- I am starting to learn a new sport
- I love having fun on the beach
- I enjoy sailing close to shore

Class of boat sailed

OPTIMIST



I AM A PIRAHNA!

- I am age 9 13
- I have tried sailing before and want to improve my skills
- I would like some adventure
- I would like to try some racing

Suggested classes of boat sailed

- TERA SPORT
- PICO
- PICO RACE



I AM A SHARK!

- I am age 13 18 (Year 13)
- I am a competent and experienced sailor
- I own or have access to my own boat
- I enjoy competing and regularly race

Suggested classes of boat sailed

- TERA PRO
- PICO RACE
- ILCA 4 (LASER 4.7), ILCA 6 (LASER RADIAL), ILCA 7 (LASER)
- FEVA
- RS200
- 420



I AM A BARRACUDA!

- I am age 12 16
- I am a intermediate sailor and can sail a set course
- I own or have access to my own boat
- I enjoy racing and want to improve.

Suggested classes of boat sailed

- TERA SPORT
- TERA PRO
- PICO RACE
- ILCA 4 (4.7)
- FEVA

