**TBYC Cadet Training and Races – 4th October 2020**

**Objective:** An introduction to Team Racing

**Racing Rules – at a basic level**

1. **On opposite Tacks - Port and Starboard – The port tack boat must keep clear. Rule 10**
2. **On the same Tack – The boat astern or to windward must keep clear. Rules 11 & 12**
3. **Mark Room – When boats are overlapped at a mark, when one boat enters the zone, the outside boat must give the inside boat mark room. Rule 18.2**

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| **Briefing: 11.45**– an explanation of today’s exercises on the beach SOCIAL DISTANCING essential.The group will be split up into 3 teams and given either Green, Yellow or Red bibs. Two teams will race at a time, one team will wait around the start area. The two teams that are about to start racing will be displayed on the start boat, (coloured boards). Scoring 1st 1 point, 2nd 2 points, 3rd points, 4th 4 point, 5th5 points, 6th6 points. The remaining boats do not count, allow the slower boats not to affect the teams’ overall chances of winning. The course is a ‘S’ shaped course, as shown.The races are approximately 7 minutes long. The competition will be either 6 – 9 races with each team completing 4 – 6 races. The starting sequence will be 3 – 2 – 1 minutes go! Flags and battens will be used. Racing rules apply. Green and Red flags will be used. A red flag means a 360° penalty turn. (No 720° for infringements.) You may protest verbally for an on-the-water decision. |
| **12.00 – on the water** **Warm up**Sail to the start line marked with a blue flag. The start boat will form part of the start line.Practise sailing the S Shaped course. Rules: Observe the Racing Rules above. |
| **Team Races** – as explained in the briefing |
| **De-briefing and Prize giving** at the front of the club (front car park) 40 minutes after the last boat reaches the beach. |

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| Schedule | 3 Teams |  |  |
|  | 9+ boats | First 3 boats in each team to count |  |
| **Race** |  |  |  |
| **1** | **Red** | **v** | **Green** |
| **2** | **Red** | **v** | **Yellow** |
| **3** | **Green** | **v** | **Yellow** |
|  |  |  |  |
| **4** | **Red** | **v** | **Green** |
| **5** | **Red** | **v** | **Yellow** |
| **6** | **Green** | **v** | **Yellow** |
|  |  |  |  |
| **7** | **Red** | **v** | **Green** |
| **8** | **Red** | **v** | **Yellow** |
| **9** | **Green** | **v** | **Yellow** |
|  |  |  |  |
|  | 9 races |  |  |
|  | Max 6 races per team |  |  |