

TBYC Back to Cadet Training RISK ASSESSMENT Aug 2020 (v1)

This risk assessment has been compiled taking into account RYA guidance on restarting racing and covid 19 v5 dated 4th July 2020, RYA Registered Training Centre Guidance dated 15th July 202 and HM Government Guidance Notes

Government guidance states we should share the results of our risk assessment with our members. We will publish the results on our website.

1. The TBYC will always follow Government advice. The Covid-19 preventative measures are vital to protecting health and wellbeing and to minimise pressure on frontline services. We all have a role to play by following the Government guidelines.
2. We will, as a boating community, take a considerate and conservative approach
 - Considerate: be mindful of the potential impact that you could have on other water users and do not place unnecessary extra strain on the RNLI and emergency services
 - Conservative: help to minimise risk by taking an extra conservative approach to your boating.

For racing this means:

- We will follow any Government advice relating to amateur events or sporting competitions
- When planning a competitive activity, we will consider others who may be using the water at the same time for other activity
- We will consider how we can safely enjoy the water together whilst remaining socially distant
- We will be considerate by using racing formats which encourage and enable social distancing
- We will be conservative by minimising the risks through ensuring we remain within the comfort levels of all participants
- We will be conservative by ensuring we do not promote or encourage gatherings before or after racing

RISK ASSESSMENT Aug 2020

Name of club & Location: Thorpe Bay Yacht Club | 15 Thorpe Bay Gardens, Southend-On-Sea, Essex SSI 3NW

Activity: Protection against Covid-19

Potential hazards: Infection & illness

1. **Coronavirus infection is acquired by 2 principle routes** - Whilst Coronavirus symptoms are often mild, it can cause acute illness and in some individuals death. Infection is acquired by 2 principle routes:
 - A. Airborne droplets carrying the virus which have been exhaled by an infected person. The risk is greatest when a person is displaying symptoms, but not all infected persons have symptoms. Coughs and sneezes increase infection risk. The virus can enter another person via mouth, nostrils or eyes.
 - B. Contamination of hands from touching a surface contaminated with virus particles (because an infected person has coughed or sneezed over it, or passed on the germs with their hands) and then touching your own face (mouth, nostrils, eyes) with your contaminated hands.
2. **Protect yourself from infection in 2 principle ways** - Assume everyone is infected:
 - A. **SAFE SOCIALISING** - Social distancing – as far as possible, keep the minimum distance advocated by government from all other people. This will reduce the risk that you inhale airborne virus particles from an infected person.
 - B. **WASH HANDS REGULARLY**. Ensure all staff members have adequate training and that they wash hands frequently and vigorously using soap and water for 20 seconds. They should avoid touching their face. Both hand washing and face touching should be monitored throughout the working day and staff should be reminded to adopt this practice if they are seen to fail to do so. Regular reminders will help employees adopt this safe behaviour.

EFFECTIVE HANDWASHING WITH SOAP & WATER IS YOUR BEST DEFENCE AGAINST INFECTION

3. **Looking after your members** - Effective precautions must be employed which will significantly reduce transmission of the virus between people
 - A. All members must read this RA prior to taking part. This will make members aware of the controls within this RA (Risk Assessment).
 - B. Should a member develop symptoms at any point, they should leave the premises immediately to self-isolate. We would then follow NHS guidance
4. **Participation & Briefing**
5. **Launch and Recovery**
6. **Sailing with participants from different households**
7. **Safety Boats and Support Boats**
8. **Debrief**

Risk Assessment control table: The following table is a checklist for your risk assessment. If you answer “no” for any item, you should provide further information on what alternative actions you are able to take to mitigate the risk.

	Control implemented (please tick Y/N)	Yes	No	If a control has not been employed, what alternative control / actions taken to resolve
4.0	Participation & Briefing			
4.1	These training / racing sessions are aimed at any club member (adult or cadet) with basic sailing skills, willing to learn boat handling skills and basic race craft.	Y		
4.2	If a cadet member wishes to take part, they should have the full consent of their parent/s or Guardian/s. A google doc registration form will be available on the website to sign up. All information will be held by the admin to abide with GDPR. This information may also be used for Covid 19 Track and Trace purposes.	Y		
4.3	Briefing notes will be posted on the website beforehand, detailing the plan for the day and the timings etc. This reduces gatherings on the day for distancing requirements.	Y		
4.4	If further information or briefing, such as safety, weather conditions and the sailing area is required on the day, this will be done in an area away from others.		N	The area will be chosen to avoid other members preparing to race. This will avoid creating any pinch points and observing social distancing.
4.5	Participants should rig boats in the dinghy park in their usual spaces and not be moved to the beach until instructed. This avoids further pinch points. Moving to the beach should be done once the main fleets have launched.	Y		
4.6	More than 15 boats will require further safety cover than the minimum detailed in 7.1	Y		

	Control implemented (please tick Y/N)	Yes	No	If a control has not been employed, what alternative control / actions taken to resolve
5.0	Launch and Recovery			
5.1	Launching and Recovery should be done from the beach. This will reduce any pinch points and help maintain distancing.	Y		
5.2	Do not launch until the organisers have instructed you to do so. This will only be when sufficient cadet specific safety cover is in place and on the water.	Y		
5.3	The organiser will endeavour to complete the day's session either before or after club racing boats have recovered from the beach area.		N	It may be that conditions prevent this from happening and sailors should be allowed to return to the beach as quickly as possible for safety reasons. This may create a pinch point and sailors will need to maintain social distancing whilst assisting recovery. All boats should leave the beach area expeditiously.
5.4	All club boats should be thoroughly washed down including all ropes, tillers and common surface areas.	Y		

	Control implemented (please tick Y/N)	Yes	No	If a control has not been employed, what alternative control / actions taken to resolve
6.0	Sailing with participants from different households			
6.1	Please refer to section 6.0 of the TBYC Back to Racing RISK ASSESSMENT (July) 2020 (v2)	Y		
6.2	Sailors are to remain in the boat that they were assigned to at the start of the session. They are not to switch boats during the session for any reason other than instructed to so by the organizer.	Y		
	Control implemented (please tick Y/N)	Yes	No	If a control has not been employed, what alternative control / actions taken to resolve
7.0	Safety Boats and Support Boats			
7.1	Polly and SS9 – or another suitable vessel will be the required number of safety boats as a minimum. SS9 will be manned by only 1 person and Polly by 2 or 3 people whilst observing the social distancing rules. There will be a minimum of 3 adults in order for the session to take place.	Y		
7.2	Polly may be brought alongside the jetty before club racing starts. She should be moored on the windward side of the jetty so as not cause an obstruction to dinghies wanting to launch from the jetty. If this is not possible Polly should stand off until the jetty is clear. SS9 may be put on a mooring beforehand if time permits. This also avoids pinch points and maintains social distancing.	Y		
7.3	2 Pencil marks may be used to assist with courses and defining the sailing area. These should be layed by the crew of Polly (or any other double handed safety vessel).		N	The marks should be handled by the same person and washed down after use.
7.4	When approaching a casualty, a mask should be worn. Any direct contact between a Support boat crew member and a sailor's details must be reported to the Organsier to ensure recording for Track and Trace purposes. Details should be emailed to the Rear Commodore Racing.		N	Members are encouraged to provide their own masks and take reasonable steps to avoid cross contamination. The club will provide a limited number of masks is required.
7.5	All equipment – keys, radios etc to be handed back to the Organiser who will wipe down and return to their usual storage places	Y		

	Control implemented (please tick Y/N)	Yes	No	If a control has not been employed, what alternative control / actions taken to resolve
8.0	Debrief			
8.1	There will be no group de-brief to avoid gatherings. However, One to One feedback may be given whilst observing the HMG guidelines. A formal debrief will be done by social media/website.	Y		

Face coverings

If you do choose to use a face covering as mitigation, please ensure you understand the Government guidance on face coverings. We appreciate face coverings may not be suitable for all boats and in all situations.

Test & Trace Contacts

Based on our risk assessments, the following should be considered as close contacts for the purpose of test & trace in the context of sailboat racing.

1. Those who have sat within 1m of each other on the side deck for more than 15 minutes.
2. Those who have been below deck at the same time for a total of more than 5 minutes.
3. Those who have recovered someone or been recovered from the water.
4. Those who have had a non-fleeting face to face interaction within 1m of another crew member

SIGNED:	<i>Adrian Bunting</i>	PRINT NAME:	Adrian Bunting
DATE:	3 rd August 2020	JOB TITLE:	Rear Commodore Racing