

TBYC Junior & Youth Regatta RISK ASSESSMENT (Aug) 2020 (v1)

This risk assessment has been compiled taking into account RYA guidance on restarting racing and covid 19 v5 dated 4th July 2020, HM Government Guidance Notes

Government guidance states we should share the results of our risk assessment with our members and in this case visitors. We will publish the results on our website.

1. The TBYC will always follow Government advice. The Covid-19 preventative measures are vital to protecting health and wellbeing and to minimise pressure on frontline services. We all have a role to play by following the Government guidelines.
2. We will, as a boating community, take a considerate and conservative approach
 - Considerate: be mindful of the potential impact that you could have on other water users and do not place unnecessary extra strain on the RNLI and emergency services
 - Conservative: help to minimise risk by taking an extra conservative approach to your boating.

For racing this means:

- We will follow any Government advice relating to amateur events or sporting competitions
- When planning a competitive activity we will consider others who may be using the water at the same time for other activity
- We will consider how we can safely enjoy the water together whilst remaining socially distant
- We will be considerate by using racing formats which encourage and enable social distancing
- We will be conservative by minimising the risks through ensuring we remain within the comfort levels of all participants
- We will be conservative by ensuring we do not promote or encourage gatherings before or after racing and highlight the club house covid safe procedures

RISK ASSESSMENT (July) 2020

Name of club & Location: Thorpe Bay Yacht Club | 15 Thorpe Bay Gardens, Southend-On-Sea, Essex SSI 3NW

Activity: Protection against Covid-19

Potential hazards: Infection & illness

1. **Coronavirus infection is acquired by 2 principle routes** - Whilst Coronavirus symptoms are often mild, it can cause acute illness and in some individuals death. Infection is acquired by 2 principle routes:
 - A. Airborne droplets carrying the virus which have been exhaled by an infected person. The risk is greatest when a person is displaying symptoms, but not all infected persons have symptoms. Coughs and sneezes increase infection risk. The virus can enter another person via mouth, nostrils or eyes.
 - B. Contamination of hands from touching a surface contaminated with virus particles (because an infected person has coughed or sneezed over it, or passed on the germs with their hands) and then touching your own face (mouth, nostrils, eyes) with your contaminated hands.

2. **Protect yourself from infection in 2 principle ways** - Assume everyone is infected:
 - A. SAFE SOCIALISING - Social distancing – as far as possible, keep the minimum distance advocated by government from all other people. This will reduce the risk that you inhale airborne virus particles from an infected person.
 - B. WASH HANDS REGULARLY. Ensure all staff members have adequate training and that they wash hands frequently and vigorously using soap and water for 20 seconds. They should avoid touching their face. Both hand washing and face touching should be monitored throughout the working day and staff should be reminded to adopt this practice if they are seen to fail to do so. Regular reminders will help employees adopt this safe behaviour.

EFFECTIVE HANDWASHING WITH SOAP & WATER IS YOUR BEST DEFENCE AGAINST INFECTION

3. **Looking after your members and competitors** - Effective precautions must be employed which will significantly reduce transmission of the virus between people
 - A. All members / competitors must read this RA prior to taking part. This will make members / competitors aware of the controls within this RA (Risk Assessment).
 - B. Should a member / competitor develop symptoms at any point, they should leave the premises immediately to self-isolate. We would then follow NHS guidance

4. Committee Boat & Race Management and Courses.
5. Guard Boat Management
6. Signing on / Signing off
7. Competitors Launch & Recovery
8. Protests
9. Results Management
10. Managing the Conditions

Risk Assessment control table: The following table is a checklist for your risk assessment. If you answer “no” for any item you should provide further information on what alternative actions you are able to take to mitigate the risk.

| | Control implemented (please tick Y/N) | Yes | No | If a control has not been employed, what alternative control / actions taken to resolve |
|------------|--|-----|----|---|
| 1.0 | Committee Boat & Race Management and Courses | | | |
| 1.1 | Race Mgt will be undertaken using a max of 4 people: RO – ARO. Others could join the race team provided they are within the same family or social bubble. Use of the committee boat will remain as defined in the 2020 Sailing Instructions. | Y | | |
| 1.2 | Selection of the above will be in line with HMG Guidelines | | N | We will endeavor to select people from the same household or within a bubble as per 1.1 Or with 1 other household or by observing social distancing within 2 metres or 1 metre with mitigation. This will be by using facemasks. |
| 1.3 | Transfer to and from the CB to be done by Displacement Boat or rib whilst observing social distancing | Y | | |

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|------|--|---|---|---|
| 1.4 | Passing within confined spaces – pass back to back or pass within 15 seconds of each other. | Y | | |
| 1.5 | RO & ARO must define their roles on board the CB. The following rules must be observed if the social distancing rules apply – as per 1.2 1) 1 person only to helm the boat and the other to let go and retrieve the mooring 2) 1 person only to set the course boards in the usual way at the front & rear of the CB 3) 1 person only to hoist the flags and 1 person only to use the hooter 4) 1 person only to record the timings. All equipment used to be wiped down at the end of the day's racing | | N | Due to the confines of the area we will ensure that hand sanitiser is available, masks should be worn when not complying with details in 1.2 |
| 1.6 | Courses will always be selected using the fixed club marks, with consideration to other water users. A start mark will need to be layed. Courses are to be set as per the 2020 Sailing Instructions. | | N | One orange dumpy buoy and tackle will remain on board the CB. This is to be wiped down after use and handled only by 1 member of the Race Mgt Team and 1 member of the crew of a displacement boat to minimize risk. If inflatables are used they will be assigned to one of the safety boats and that boat alone will handle that mark |
| 1.7 | Start Times will be the usual RRS 26 5-4-1 go staggered starts may be employed to mitigate congestion on the water. | | N | Start times will be governed by the RO taking into consideration of the speed of launching of competitors whilst they maintain social distancing. The RO may postpone the start time as they feel necessary to give all competitors a fair opportunity to launch and make the start. |
| 1.8 | RO to assign guard boats to zones withing the course set. | Y | | |
| 1.9 | Records of the race results to be recorded in the usual manner observing 1.4. On completion these need to be photographed and emailed to the Results Officer – email: raceresults@tbyc.org | Y | | |
| 1.10 | Aside from these specific Covid 19 guidelines / risks, RO's should observe and maintain all TBYC guidance to RO and ARO's and the 2020 Sailing Instructions as listed on the TBYC website. | Y | | |

| | Control implemented (please tick Y/N) | Yes | No | If a control has not been employed, what alternative control / actions taken to resolve |
|------------|--|-----|----|---|
| 2.0 | Guard Boat Management | | | |
| 2.1 | Private members boats will be used and manned by 2 people – compliant with 1.2 | Y | | |

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|------------|---|---|---|---|
| 2.2 | 1 x rib should be used whenever possible and can be manned by 1 person | Y | | |
| 2.3 | Rib launch to be carried out by 2 people whilst observing social distancing | Y | | |
| 2.4 | When approaching a casualty, a mask should be worn. | | N | Members are encouraged to provide their own masks and take reasonable steps to avoid cross contamination. The club will provide a limited number of masks is required. |
| 2.5 | Rib recovery will be the reverse of 2.3 and washed down in the usual manner | | N | Rav 4 will also need surfaces cleaning after use, using the cleaning equipment left inside the vehicle |
| 2.6 | All equipment – keys, radios etc to be handed back to the Duty Officer who will wipe down and return to their usual storage places | Y | | |
| | | | | |
| 3.0 | Competitor Sign On/Off | | | |
| 3.1 | Competitors will need to sign on and off as per the normal club Si's. A common pen will be supplied as will hand sanitiser. Everyone must santise on exit of the boatswain's hut. | | N | The hut is considered to be a “pinch point” and as such people must either socially distance or use mitigation by passing back to back or with 15 seconds of each other, |
| | | | | |
| 4.0 | Competitor Launch and Recovery | | | |
| 4.1 | Members to observe distancing at all times as per the TBYC Free Sailing Guidelines. | | N | Pinch point is the TBYC jetty. Sailors are to remain at the front of their boats and remain on one side of the jetty allowing room for trolleys to be removed at a suitable distance. Boats should be rigged in the dinghy park not on the jetty. Launch and recovery should be done expediently. |
| 4.2 | Competitors may assist each other launching and recovering whilst maintaining social distancing. | Y | | |

| | Control implemented (please tick Y/N) | Yes | No | If a control has not been employed, what alternative control / actions taken to resolve |
|------------|--|-----|----|---|
| 5.0 | Protests | | | |
| 5.1 | Any protest is to be lodged verbally to the RO of the day, followed up with the protest details on email to sailingsectbyc@gmail.com . If protest hearing is required, this will be done via a zoom meeting. | Y | | |

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| SIGNED: | <i>Steve Hopper</i> | PRINT NAME: | Steve Hopper |
| DATE: | 26 th Aug 2020 | JOB TITLE: | Commodore |