THORPE BAY YACHT CLUB

FROZEN SHEETS RACE: Sunday 11th January 2015 Scheduled Start Time 13:30 High Water 16:12

Sailing instructions

1. Rules

1.1 Racing will be governed by the "Rules" as defined in Racing Rules of Sailing, the prescriptions of the RYA, the class rules, except if any of these are changed by these sailing instructions and any supplementary sailing instructions.

2. Entries

- 2.1 Eligibility: Eligible boats may be entered by approved club members and affiliates only.
- 2.2 Disclaimer of Liability: Competitors compete in the race entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, or during or after the race.
- 2.3 Insurance: Each participating boat shall be insured with valid third party liability insurance with a minimum of £2,000,000.
- 2.4 Measurement Certificates: Each participating boat shall have a valid measurement or rating certificate.
- 2.5 Distinguishing Numbers: Under exceptional circumstances the race committee may permit a yacht to use sails carrying a distinguishing number other than that required by RRS 77.
- **3. Notices to Competitors:** Notices will be posted on the official notice board located in the clubhouse lobby at least one hour prior to the start of the race.
- **4. Safety:** RRS 40 is changed. Flag Y will not be used. Competitors shall wear personal flotation devices at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment. Wetsuits and dry suits are not sufficient on their own.
- **5. Signals Made Ashore:** 5.1 Signals made ashore will be displayed on the race box. 5.2 When Flag AP is displayed ashore, "one minute" is replaced with "no less than 30 minutes" in race signal AP. This changes the Race Signals in the rules.
- **6. Declaration:** A declaration system will operate where competitors will be required to sign on and sign off on the form provided, situated near the top of the club slipway or in the Bosun's Hut. All boats must sign off within one hour of the completion of the race, or indicate DNS (Did Not Start) or DNF (Did Not Finish) as appropriate. Failure to sign on or off will result in disqualification.
- **7. Racing Area**: The racing area is located to the south of the clubhouse.
- **8.** The Course: The course will be displayed on the blackboard situated on the side of the Bosun's Hut at the top of the slipway.

9. Marks: Marks will either be large orange or yellow cylindrical type inflatable buoys or fixed club racing marks. Replacement marks as provided in RRS 34 will be large orange or yellow cylindrical inflatable buoys. Fixed club racing marks are numbered/lettered round buoys. If the Distance Mark is to be used as a mark, it will be shown as "D". The Distance Mark is usually comprised of two club permanent marks (one denoted as "E" and the other denoted as "W".) and a vertical pole with a green conical top. All three parts of the Distance Mark must be rounded every time it is included as a mark of the course, except at the start of the race, when the Distance Mark is only the vertical pole with a green conical top. Navigational marks may also be used as course marks.

10. The Start:

10.1: The starting procedure will be in accordance with RRS 26, signals are made as follows:

SIGNAL	TIME
Warning Code Flag R	T – 5 minutes
Preparatory P,I,Z,Z with I or black flag.	T - 4 minutes
One minute Preparatory flag removed	T- 1 minutes
Starting Code flag R removed	T = published start time

- 10.2 The Start Line: The Start Line, unless otherwise specified, be a line through the club house transit mark and the vertical mark on the Race Officers Box and will be limited by the distance mark pole.. Any variation to this will be shown on the Bosuns' Hut Blackboard. 10.3 At the discretion of the Race Officer, a boat starting later than five minutes after her start signal will be scored "DNS." This changes Rule 4A.
- **11. Number of Rounds:** If the number of rounds are not signalled in advance then, after an appropriate sailing time has elapsed, International Code Flag S will be displayed, accompanied by two sound signals; then all boats will finish when they next pass through the finish line.
- **12. The Finish:** The finishing line, unless otherwise specified, will be as for the start line but including East or West marks.
- **13. Shorten Course and Abandonment:** At the discretion of the Race Committee an abandoned race may be cancelled, re-sailed or decided on the result when the majority of starting boats last completed a round.
- **14. Time Limit:** The time limit for a boat will be 1 hour after the first boat finishes after a valid start, except that if the first boat fails to finish within 3 hours of a valid start, the race will be abandoned.

15. Protests:

- 15.1 Protests shall be written on forms available on request to the Race Committee and delivered to a member of the Race Committee within one hour of the last boat finishing the race.
- 15.2 A schedule of protest hearings will be displayed on the official notice board within 2 hours of the finish of the race. Further protest hearings may be added to the schedule. This is the notice under RRS 63.2.

16. Scoring System and Results:

- 16.1 Results for handicap races will be calculated on The Portsmouth Yardstick handicap scheme, using PY numbers published by the RYA or approved by The Sailing Committee.

 16.2 Where necessary results will be calculated on the basis of average lap times. "Same PN adjustment" may be applied at the discretion of The Race Committee. This changes Appendix A.
- **17.Prizes:** Prizes will be awarded to each member of the crews as determined by The Race Committee based on the entry to the event. Prize Giving will be held on the day of racing in the main bar of the clubhouse as soon as practicable after the results have been calculated.
- **18. Radio Communications**: A boat shall neither make a radio transmission while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile phones.