

Thorpe Bay Yacht Club Shoreline Trophy Race 2011 Sailing Instructions

- 1. Rules**
 - 1.1.** The regatta will be governed by the rules as defined in Racing Rules of Sailing, the prescriptions of the RYA, the rules of the classes, except if any of these are changed by these sailing instructions, and the supplementary sailing instructions.
- 2. Entries**
 - 2.1. Eligibility** - Entry is free, by signing the declaration form described in sailing instruction 7, below.
 - 2.2. Disclaimer of Liability** - Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
 - 2.3. Insurance** - Each participating boat shall be insured with valid third party liability insurance with a minimum of £2,000,000 per event.
- 3. Notices to Competitors** - Notices will be posted on the official notice board located in the clubhouse lobby.
- 4. Changes to Sailing Instructions** - Any changes to the sailing instructions will be posted at least 2 hours before the start of a race they affect, except that any change in the schedule of races will be posted by 20.00 hours on the day before it will take effect.
- 5. Safety** - RRS40 is changed, flag Y will not be used. Competitors shall wear personal flotation devices at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment. Wetsuits or drysuits are not sufficient on their own.
- 6. Signals Made Ashore**
 - 6.1.** Signals made ashore will be displayed on the flagstaff in front of the clubhouse.
 - 6.2.** When Flag AP is displayed ashore, 'one minute' is replaced with 'not less than 30 minutes' in race signal AP. This changes the Race Signals in the Rules.
- 7. Declaration** - A declaration system will operate where competitors will be required to sign on before they go onto the water and sign off when they return ashore using the form provided and situated near the top of the club slipway or in the Boatswain's hut. All boats must sign off within one hour of the completion of the last race of the day. Boats must sign off separately for each race completed, or indicate "Did Not Start" (DNS) or "Did Not Finish" (DNF) as appropriate. Failure to sign on and off will result in disqualification without a hearing.
- 8. Schedule of Races**
 - 8.1.** The schedule is stated in the notice of race.
 - 8.2.** When more than one race (or sequence of races for two or more classes) is scheduled for the same day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race or sequence of races will begin soon, the postponement signal may be displayed for at least four minutes before the warning signal is displayed.
- 9. Class Flags** – The warning flag will be International Code Flag R
- 10. Racing Area** – The racing area is located south of Thorpe Bay Yacht Club, between the Thorpe bay Yacht Club Distance Mark and the Essex Yacht Club.

11. The Course

11.1. Course marks - marks A, B, C, D and E will be orange or yellow cylindrical inflatable marks.

The West Shoebury buoy is a green conical mark located to the east of Southend Pier and the Leigh buoy is a green conical mark located to the west of Southend Pier. The TBYC Distance Mark is a pole south of the TBYC slipway and includes the East and West marks either side of it. Mark B will be located approximately south of the Halfway House pub. The Pier Head is the southern end of Southend-on-Sea Pier. Mark C will be located approximately south of Chalkwell Station. Mark D will be located approximately south of the TEYC clubhouse at No3 The Leas in Chalkwell. Mark E will be located approximately south of the Alexandra Yacht Club clubhouse. The TBYC Committee Boat is a red catamaran.

11.2. Course – Mark A. West Shoebury Buoy to port. TBYC Distance Mark to port. Mark B to port. Pier Head to starboard. Leigh Buoy to starboard. Mark C to starboard. Mark D to starboard. Mark E to starboard. Pier Head to port. Mark B to starboard. Finish West to East on the TBYC shore box line.

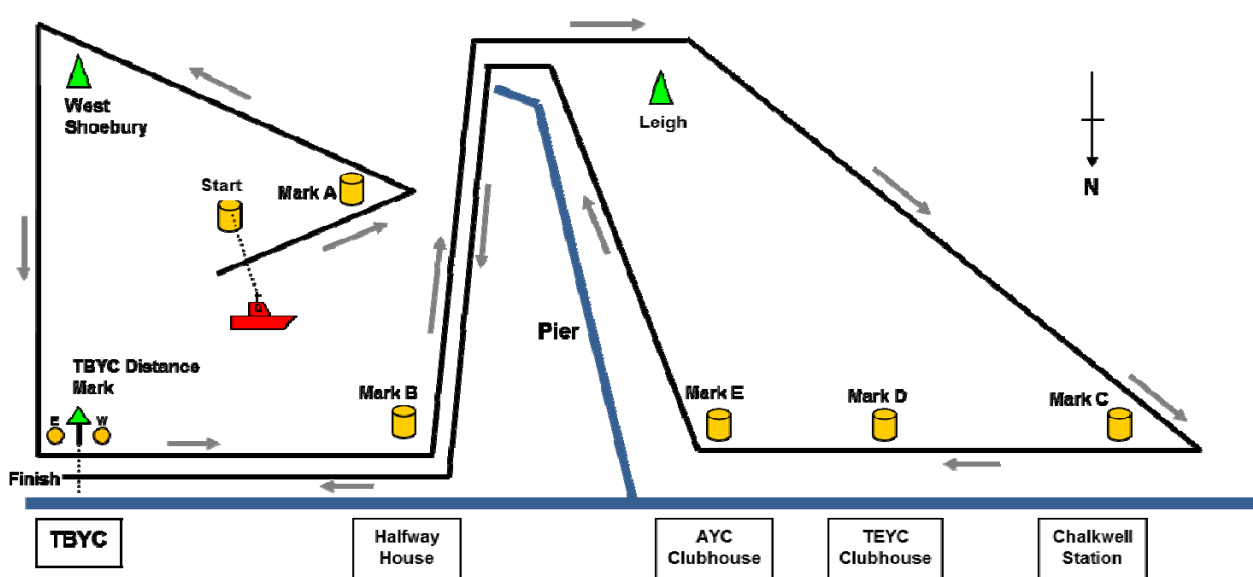


Diagram is for indicative purposes only and is not to scale. Mark A is the intended windward mark. The direction of the leg from the start line to Mark A, and the direction of rounding of Mark A, will be set according to wind direction.

11.3. Mark A will be positioned approximately to windward of the start line. The approximate magnetic bearing to Mark A may be displayed on a board on the Committee Boat at the Warning signal. The direction of rounding of Mark A will be shown by displaying a green or red flag on the Committee Boat before the Warning signal: red means round Mark A to port, green means round Mark A to starboard.

12. The Start

12.1. Starting procedure – The starting procedure will be in accordance with rule 26 modified so that all signals are made at one minute intervals, as follows:

Signal	Time
Warning	T - 3 minutes
Preparatory	T - 2 minutes
One-minute	T - 1 minute
Start	Published time = T

This changes rule 26.

- 12.2. The Start Line** - The start line is defined as the line between the flagstaff on the Committee Boat flying an orange flag and an outer starting line mark, normally of the orange inflatable type.
- 12.3.** At the discretion of the Race Officer, a boat starting later than two minutes after her starting signal may be scored 'DNS'. This changes Rules A4 and A5.
- 13. Change Of Course After The Start** - A change of course after the start will be signalled before the leading boat has begun the leg affected although the moved mark may not then be in position. Any mark to be rounded, after rounding the moved mark, may be relocated to maintain the original course configuration. As an addition to RRS 33, a green or red flag may be displayed to indicate that the mark has been moved to starboard or port.
- 14. Shorten course** – The course may be shortened and finished at the Pier Head or at any mark of the course. The finish line will be between the mark and the TBYC Committee Boat which will be anchored approximately south of the mark.
- 15. The Finish** - The finishing line will be a line through the TBYC Clubhouse transit mark and the vertical mark on the Race Officers' box and will be limited by the Distance Mark Pole including the nearby West mark.
- 16. Time Limit** – any boat which fails to finish the course within 3 ½ hours of the start may, at the Race Officers discretion, be recorded DNF without a hearing. This changes rules A4 and A5.
- 17. Protests**
- 17.1.** Protests shall be written on forms available on request to the Race Committee and delivered to a member of the Race Committee within one hour of the last boat of her class finishing the last race of the day.
- 17.2.** A schedule of protest hearings will be displayed on the official notice board within 2 hours of the finish of the last race of the day. Further protest hearings may be added to the schedule. This is the notice under RRS 63.2
- 18. Scoring** - Race results will be calculated on the Portsmouth Yardstick handicap scheme, using PY numbers published by the RYA or approved by the TBYC Sailing Committee. The results will be posted on the official notice board located in the clubhouse lobby and on the club web site.
- 19. Prizes** - Prizes will be awarded at the discretion of the sailing committee, plus the Shoreline Trophy to the overall winner and the National Westminster Trophy to the first placed helm under 25 years of age on the day of the race. Prize-giving will take place at the end of season Presentation Dinner on Saturday 12 November.
- 20. Radio Communications** - A boat shall neither make a radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.