

THORPE BAY YACHT CLUB

Laser Pico Nationals 4th & 5th July 2009 Sailing Instructions

1. **Rules** - The regatta will be governed by the 'Rules' as defined in Racing Rules of Sailing, the prescriptions of the RYA, the rules of the class or classes, except if any of these are changed by these sailing instructions, and the supplementary sailing instructions.
2. **Entries**
 - 2.1. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Competitors are entirely responsible for their own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility.
 - 2.2. It is for Competitors to decide whether they are fit to sail in the conditions in which they find themselves. By launching or going to sea, competitors confirm that they are fit for those conditions and that they are competent to sail and compete in them.
 - 2.3. Nothing done by the organisers can reduce the responsibility of Competitors nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of competitors taking part in the racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and beach masters.
 - 2.4. The provision of patrol boats does not relieve Competitors of their responsibilities.
 - 2.5. Competitors are required to hold adequate insurance. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of at least £2,000,000 per event or the equivalent.
3. **Notices to Competitors** - Notices will be posted on the official notice board located in the clubhouse lobby.
4. **Changes to Sailing Instructions** – Any change to the sailing instructions will be posted at least two hours before the start of the race for which it takes effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.
5. **Safety**
 - 5.1. RRS40 is changed, flag Y will not be used. Personal flotation devices must be worn by all competitors whilst afloat. Wet suits or dry suits are not personal flotation devices.
 - 5.2. A declaration system will operate where competitors will be required to sign on and sign off on the form provided and situated near the top of the club slipway or in the Bosun's hut. All boats must sign off within one hour of the completion of the last race of the day. Boats must sign off separately for each race completed, or indicate "Did Not Start" (DNS) or "Did Not Finish" (DNF) as appropriate. Failure to sign on and off will result in disqualification without a hearing.
6. **Signals Made Ashore**
 - 6.1. Signals made ashore will be displayed on the flagstaff in front of the clubhouse.
 - 6.2. When Flag AP is displayed ashore, 'one minute' is replaced with 'not less than 30 minutes' in race signal AP.
7. **Schedule of Races**
 - 7.1. The schedule of races will be stated in the notice of race and supplementary sailing instructions.
 - 7.2. When more than one race (or sequence of races for two or more classes) is scheduled for the same day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race or sequence of races will begin soon, the postponement signal may be displayed before the warning signal is displayed.
8. **Class Flags** - The class flags will be stated in the supplementary sailing instructions.

9. **Racing Area** - The racing area is located to the south of the clubhouse.

10. **The Course**

10.1. Unless otherwise stated in the supplementary sailing instructions the course configuration and order of rounding of marks will be as follows:

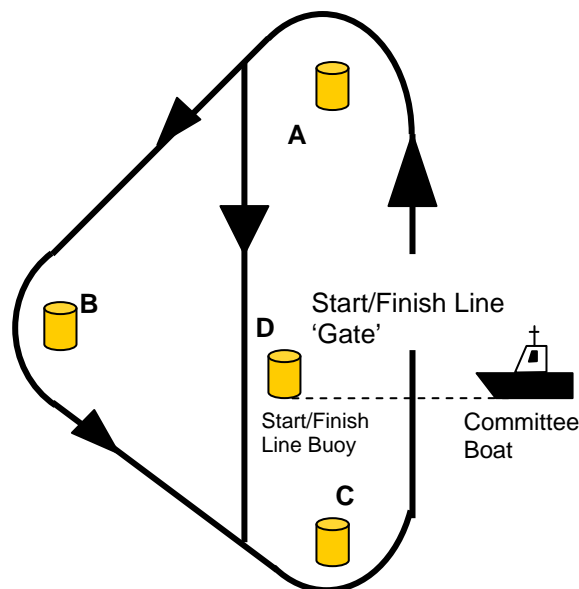
Laser Picos

The course configuration and order of rounding will be as follows:

A (port), B (port), C (port), Gate,
A (port), C(port), Gate
The above describes 2 laps.

The "Gate" which may be reduced in length after the start is between the Committee Boat and mark D.

Course diagram is indicative only and is not to scale



10.2. **Number of Rounds** - The number of rounds to be sailed will be displayed on a board on the Committee Boat before the class preparatory signal. This changes RRS 27.1

10.3. **Magnetic Bearing of Mark A** - The approximate magnetic bearing of Mark A from the midpoint of the start line may be displayed on a board on the Committee Boat before the warning signal.

11. **Marks** - Marks A, B, C and D will normally be large orange or yellow cylindrical type inflatable buoys. Replacement marks as provided in RRS 34 will be large orange or yellow cylindrical type inflatable buoys.

12. **The Start**

12.1. Boats whose warning signal has not been made shall keep clear of the starting area.

12.2. A boat starting later than four minutes after her start signal will be scored Did Not Start without a hearing. This changes Rule A4.

12.3. The start line will be between the mast on the committee boat flying an orange flag and the distance mark, which will be an orange or yellow inflatable buoy.

13. **Change of the next leg of the course** – To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

14. **The Finish** - The finishing line will be between the flagstaff on the Committee Boat and the finish line mark, normally a large orange or yellow cylindrical type inflatable buoy.

15. **Penalty system**

15.1. RRS 44.3 shall not apply

15.2. Touching a mark (other than a starting or finishing mark) with any part of the boat or crew shall not constitute an infringement of the Rules and does not require a one-turn penalty. Manhandling a mark which results in an advantage is not allowed and a boat so doing shall promptly retire. If a boat touches a starting or finishing mark they shall take a One-Turn Penalty. This alters RRS 31.

16. Time Limit

- 16.1. If no boat finishes within 75 minutes the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 16.2. At the discretion of the Race Officer, boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish or awarded their observed position on the course or their position when they last rounded the mark nearest the Committee Boat without a hearing. This changes rules 35, A4 and A5.

17. Protests

- 17.1. Protests shall be written on forms available in the Bosun's Hut and delivered to a member of the Race Committee within one hour of the last boat of her class finishing the last race of the day.
- 17.2. A schedule of protest hearings will be displayed on the official notice board within 30 minutes of the protest time limit. Further protest hearings may be added to the schedule. Hearings will be held in the clubhouse. This is the notice under RRS 63.2

18. Scoring - When fewer than three races have been completed, a boat's series score will be the total of her race scores. When from three or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. Prizes - Prizes will be awarded for each member of the crews for places as determined by the event organising team based on the entry to the event.

20. Radio Communications – Except in an emergency a boat shall neither make a radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

21. Handicap - Laser Picos shall be sailed 2 handed or single handed without age limit with the following PY handicap:

1263 – Sport/ Race Mainsail – Single Handed

1269 – Sport/ Race Main & Jib – Double Handed

1332 – Training Mainsail – Single Handed

1338 – Training Main & Jib – Double Handed